

# BALIK PULAU



**Historical Balik Pulau Roundabout**  
Small in size yet big in history, this must-see landmark was the town's public pump as well as water trough for elephants and horses in the 18th century. The monument was built in 1882 by a wealthy farmer, Koh Seang Tait to commemorate the visit of the Governor of Melaka, Sir Frederick Weld to Balik Pulau. The roundabout marks the convergence of three main roads from different parts of the island.

Another prominent landmark is the Church of the Holy Name of Jesus. Built in 1854, it is one of the oldest churches in Penang. Over the years, this Roman Catholic church underwent a series of renovations comprising the nave, sanctuary, two wings, stained-glass windows, bell tower and tenor bell. Today, it has a splendid architectural design.

Balik Pulau Market is a must-visit spot where there are food stalls as well as a wet market and dry goods section. Breakfast delicacies, fresh fruits, preserved fruits, meat and sundry goods are readily available here. Among the most sought after products are nutmegs, cloves, fish crackers, juice and coconut. Meanwhile, the food court serves local favourites such as assam laksa, char koay teow, pasembur and wan tan mee.

These attractions combined with the colonial era buildings, traditional fishing villages and Malay houses contribute to the rich historical charm of this quaint township. The emergence of modern developments can be seen with more coming up in the future. As such, Balik Pulau gives visitors a taste of old school Penang charm without compromising a slower and more relaxing pace of life.

## DELICIOUS & DIVERSE FLAVOURS



**Laksa**  
The noodles are served with various ingredients such as shredded fish, cucumbers and onions. Steaming hot spicy soup is added to this mixture, giving it a delectable taste that will linger long after the last spoonful.



With freshly grown fruits, vegetables and spices widely available year-round, Balik Pulau contributes to Penang's reputation as the food capital of Malaysia. These produce enhance the delightful taste of popular traditional dishes. Whether you're in the mood for some local favourites or delicious seafood, it's all here for your indulgence!

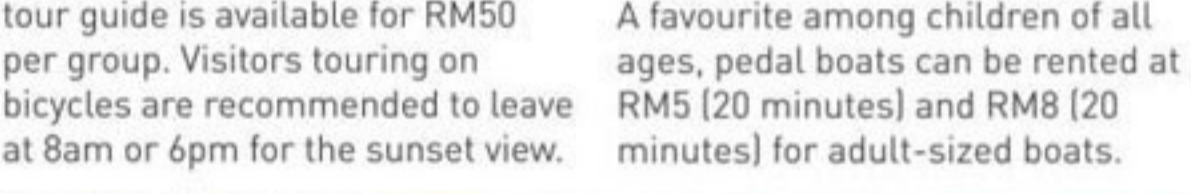
If you're looking to get a taste of local flavour, be sure to have some laksa! This famous Penang noodle soup delivers an irresistible mix of sweet, sour and spicy flavours that will make you come back for more. Soft and chewy, the flavoured laksa is complemented by savoury broth and vegetable garnishes such as shallots and lettuce. Kim Seng Kopitiam, Cafe Ko Cha Bi and Laksa Pokok Jangus are some of the places that serve the best laksa. Want a light snack? Try the black sugar buns in Balik Pulau!

## LEISURE & PLEASURE

Enjoy a laidback walk or ride along the tree-lined roads and pathways. It's the perfect place to relax your mind as you breathe in crisp fresh air and take in the awe-inspiring views. With so much to see and discover, Balik Pulau is an ideal getaway for nature sightseeing and outdoor activities.



Balik Kampung at Balik Pulau provides bicycle rentals which allow you to experience rural life such as paddy fields, river estuaries and mangroves as well as watching fishing boats and villagers planting vegetables. Most importantly, you can witness the gorgeous sunset at Pantai Malindo. All these can be experienced within a 4km trail (to and fro). Bicycle rental costs RM10 while a tour guide is available for RM50 per group. Visitors touring on bicycles are recommended to leave at 8am or 6pm for the sunset view.



Embark on a wonderful vacation with a dash of fun in the sun at the picturesque beaches! As you relax your mind and body at Pasir Panjang Beach, you can soak up the sweeping views of the long stretch of golden sand leading to the vast expanse of the sea.

**Malay Kampung**  
Known as "kampung" in Bahasa Malaysia, these Malay villages have traditional architectural forms that are preserved from several generations. They are detached and usually have no fences. Designed for comfort and practicality, these homes are elevated by stilts that protect them from flood and have many windows for good air ventilation.



Interested to learn more about Malay culture? Savour lots of Malay food at dinner with the host family and even play popular traditional Malay games such as congkak and gasing. Furthermore, you can also gain first-hand experience of Malay weddings by attending one or the family will create a Malay wedding ceremony specially for you!

Embrace an authentic Malay village lifestyle at **Home Stay Jalan Bharu**. Ideal for outdoor enthusiasts, it offers a multitude of activities ranging from mountain bike riding on three trails to visiting fisherman villages and houses reflecting the 19th century of Penang. You can unwind at the end of the day with a traditional massage and herbal steam bath.



## SPECTACULAR SPECIALTIES



Interested in Balik Pulau's unique specialties? Discover them all as you make your way around here. With agriculture playing a significant role in the town's economy, Balik Pulau's specialties are largely derived from fresh produce that are available at a myriad of well-frequented places.

If you love eating durians, don't pass up the opportunity to visit Bao Sheng Durian Farm. More than just an orchard, it offers accommodation options for an unforgettable durian experience. During your stay, you will be among the first to taste the special flavour of the newly dropped durians. Durian season starts from May to July. Call to confirm and reserve.

**Belacan**  
Keen on trying shrimps? Be sure to visit Chop Kim Hoa Belacan Factory! You can buy fermented shrimp paste and add this condiment to your favourite food.

Chop Kim Hoa Belacan Factory is a third-generation family business which makes shrimp paste from krill to block. The company takes six to twelve months to complete the entire process in order to ensure high quality in terms of taste, scent and colour.



**Nutmeg**  
Did you know that nutmeg has many health benefits? Nutmeg juice helps relieve cough and throat irritation while nutmeg oil alleviates minor sprains and arthritic pain. This spice also detoxifies the body and promotes digestion.

Rice is not just food; it is a key ingredient used to make a traditional beauty product known as cooling face powder (bedak sejuk). It is believed to help remove skin blemishes, improve the appearance of skin and relieve itchiness. At Lean Seng Cooling Face Powder, you can buy quality face powder and get a hands-on experience of making this product. Requiring only rice and water, the process takes up to a month for proper fermentation, grinding, filtering and drying.

## FLORA & FAUNA

A beautiful rural landscape awaits you at this idyllic dream destination. Enjoy the serene atmosphere and fresh air as you feast your eyes on the amazing views of animal farms and stables.

**Audi Dream Farm**  
Love animals? This well-maintained farm has abundant livestock, ranging from fish to pigeons. Combined with a tranquil environment and wide open spaces, this is a fun-filled destination for both adults and children.

Want a fun and authentic farm experience? Come on over to Audi Dream Farm! This family-friendly destination has a chemical-free vegetable garden and a mini petting zoo. Designed for easy exploration, the stone pathways wind around various animals such as goats, horses, camels, geese and rabbits. Besides feeding the animals, you can get upclose and interact with them.

**Planting Jumbangs**  
Join us for a day of planting jumbangs (breadfruit) in our vegetable garden. It's a fun activity for all ages and a great way to learn about sustainable agriculture.

**Saenen Dairy Goat Farm** is a family-run farm housing Saenen goats imported from Australia and New Zealand. You can opt to participate in a guided tour for a minimum of 20 people and maximum of 60 people, inclusive of a bottle of goat's milk. Goat's milk is a better alternative to cow's milk as it is high in calcium and fatty acids but low in cholesterol as well as easier to digest.

**Countryside Stables**  
Did you know that there are many different breeds of horses with varying sizes and colours? Here, you can discover various breeds such as miniature and pure bred Arabian horses as well as Shetland, pony, Thai, Myanmar and Malaysian ponies!

A galloping good time awaits you at Countryside Stables Penang! Currently home to 35 horses of various breeds, it offers a host of exciting activities ideal for the whole family. Joy rides and guided rides are available to cater to both beginners and experienced riders. You can interact with the horses by petting and feeding them.

Love adventures and the outdoors? Sign up for the Matahari Cycle tours! You can enjoy mountain biking on dirt tracks via the tours - Beautiful Balik Pulau Countryside Tour (maximum of 8 persons), The Twist (maximum of 8 persons) and The Penang Highlands Premier Ride (private outing). Whether rain or shine, you can stay active and experience adrenaline-pumping thrills in every ride!

**Mangroves**  
There is a stretch of mangrove forest reserve located at the western shore of Balik Pulau. Open to the public, it has wooden boardwalks whereby you can partake in a quiet walk and explore the natural surroundings.

## ARTISTIC & CULTURAL MASTERPIECES



Get your camera ready to capture many unique and timeless works of art! A hub for budding and established artists alike, Balik Pulau is home to a variety of art ranging from traditional handicrafts to street murals. These aesthetically pleasing creations are mostly inspired by Penang's colourful historical and cultural background.

For a glimpse into some of the best handicrafts in town, visit Stepping Stone Work Centre. A part of Asia Community Service's Support Centre for Community Living project, it provides opportunities to people with special needs. Products such as scarves, batik, candles, soaps and pottery, along with paper making, batik painting, hand weaving and soap making courses are available. Contact the centre for more information.

**Arts and crafts**  
Discover a world of art like no other at Balik Pulau International Artist Village (Artopia). Founded by Artopia Education Trust, the art village serves as a platform for all artists to express their creativity and showcase their outstanding talent. Featuring an array of works of art and culture, it is the ideal place for artists and art lovers alike.

# THE OTHER SIDE OF THE ISLAND

# BALIK PULAU

FREE COPY

Produced by:  
**PENANG FOODIE**

Supported by:



**TOURIST INFORMATION CENTRE**  
Monday-Friday  
9.00am to 5.00pm  
Saturdays  
9.00am to 3.00pm  
Sundays & Certain Public Holidays  
9.00am to 1.00pm

**Web** : mypenang.gov.my  
**Facebook** : Penang Global Tourism  
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**LinkedIn** : Penang Global Tourism  
**TikTok** : experiencepenang  
**Email** : info@penangglobaltourism.com  
**Tel** : +604 263 1166

# PEOPLE'S CHOICES & RECOMMENDATIONS

## TASTY FOOD, GREAT MOOD



- 1. Balik Pulau Food Court (Wet Market)**  
33, Jalan Tun Sardon, 11000 Balik Pulau  
🕒 Food Court Peak Hours: 6am - 1pm  
(Closed on Wed)  
Wet Market Operation Hours: 6am - 12pm
- 2. 2F+ Coffee Roastery@Balik Pulau**  
A quaint little café offering coffee and desserts.  
164C, Jalan Pondok Upih, MK 6,  
11000 Balik Pulau  
☎ +6012-421 1714  
🕒 12pm - 7pm (Tue - Fri) &  
10am - 10pm (Sat - Sun) Closed on Mon
- 3. Nan Guang**  
Serves assam laksa.  
67, Main Road, 11000 Balik Pulau  
☎ +6017-446 4959  
🕒 10am - 5pm (Thurs-Sun)
- 4. Cafe Ko Cha Bi Balik Pulau**  
Assam laksa and lemak laksa.  
110, Jalan Besar, 11000 Balik Pulau  
☎ +6012-474 5178  
🕒 10am - 6pm daily. Closed on Thu
- 5. Yeh Lin Seafood Restaurant**  
Home-cooked and delicious Chinese seafood restaurant with reasonable prices.  
Jalan Air Putih, 11000 Balik Pulau  
☎ +6012-569 3103  
🕒 11am - 10pm daily. Closed on Tue
- 6. Botanica Mansion**  
A breathtaking restoration of an English plantation house that offers accommodation, a garden wedding venue and a blend of Malaysian cuisines and Western-style dishes.  
2a, Jalan Sungai Air Putih, Bandar Baru Air Putih, 11000 Balik Pulau  
☎ +6019-662 1673  
🌐 botanicamansion  
🕒 12pm - 10pm daily. Closed on Wed
- 7. Kim Seng Kopitiam**  
[Original Khoo laksa]  
20, Jalan Sungai Air Putih, Bandar Baru Air Putih, 11000 Balik Pulau  
☎ +6012-428 6235  
🕒 11am - 5pm. Closed on Mon & Tue
- 8. Bahulu Balik Pulau**  
No. 3, Ruang Niaga Perda, Jalan Kuala Sungai Pinang, Taman Nelayan, 11000 Balik Pulau,  
☎ +6019-481 5948  
📍 Bahulu Balik Pulau  
🕒 9am - 6pm daily. Closed on Sat & Sun
- 9. Laksa Pokok Janggus**  
Serves delicious Malay-style laksa as well as other Malay food such as ice kacang, pisang goreng and rojak.  
Jalan Kampung Perlis, Kampung Perlis, 11020 Balik Pulau  
☎ +604-866 8819  
+6012-472 8819 / +6019- 516 3007  
🕒 3.30pm - 8pm daily. Closed on Wed
- 10. Hakka Village**  
61, Jalan Bukit Kebun Kha, Pulau Betong, MK 7 11020 Balik Pulau  
☎ +6016-411 6666  
[Pre-booking required]  
🌐 www.balikipulaulodge.com  
🕒 11am - 3pm (Tue - Sun) Closed on Mon
- 11. Bukit Genting Hill Leisure Park and Thai Restaurant**  
A breezy place on a hill to enjoy delicious Thai food with the best view of the Southern side of the island.  
Jalan Teluk Kumbar, 11000 Bayan Lepas,  
☎ +6016-492 8778  
🕒 11am - 10.30pm daily

## FUN-FILLED ATTRACTIONS



- 12. Church of the Holy Name of Jesus**  
Jalan Balik Pulau, 11000 Balik Pulau  
☎ +604-866 8545  
🌐 www.hnjenang1854.com/
- 13. Audi Dream Farm**  
145, MK B, Sg. Rusa, 11010 Balik Pulau  
☎ +6012-499 9099  
🌐 www.audipenang.com  
🕒 9am - 7pm daily
- 14. Ghee Hup Nutmeg Factory**  
MK 3, 202A, Jalan Tanjung Bungah, Kampung Sungai Pinang, 11000 Balik Pulau  
☎ +6016-433 6303  
🕒 9am - 6pm daily
- 15. Bao Sheng Durian Farm**  
150, Mk2 Sungai Pinang, 11010 Balik Pulau  
☎ +6012-411 0600  
🌐 www.durian.com.my  
🕒 11am - 3pm (Reservation only),  
3pm - 7pm (Visiting hours)
- 16. Saanen Dairy Goat Farm**  
298 MK 1, Sungai Pinang, 11010 Balik Pulau  
☎ +6019-516 3017  
📍 Saanen Dairy Goat Farm  
🕒 10am - 5pm (Mon - Fri) &  
10am - 6pm (Weekends & Public Holidays)
- 17. SILA Studio Ceramics**  
Pusat Incubator Kraftangan Balik Pulau,  
Jalan Sungai Rusa, 11000 Balik Pulau  
☎ +6018-942 3788  
📍 Sila Studio : Senses Ingenuity Love Authenticity  
🕒 9am-5pm (Mon to Fri). Opened on Saturday on request.
- 18. Balik Kampung at Balik Pulau**  
Other than bicycle rentals, Balik Kampung is famous for local food and fresh seafood.  
278, Jalan Bharu, Kampung Kuala Muda, 11000 Balik Pulau  
☎ +6013-323 7777  
📍 Balik Kampung at Balik Pulau  
🕒 Call for reservations
- 19. Lean Seng Cooling Face Powder**  
No. 160, Mukim-D, Kuala Jalan Bharu, 11000 Balik Pulau  
☎ +6016-428 4896 / +6019-474 4684  
📍 Perniagaan Bedak Sejuk Lean Seng  
🕒 8am - 8pm daily
- 20. Countryside Stables Penang**  
Lot 10050, Jalan Sungai Burung, Sungai Burung, 11000 Balik Pulau  
☎ +6012-408 0678  
📍 Countryside Stables Penang  
🕒 10am - 12pm & 2pm - 7pm daily
- 21. Stepping Stone Work Centre**  
53 Jalan Baru, Mk I Pulau Betong, 11000 Balik Pulau  
☎ +604 - 8665349  
🌐 www.asiacommunityservice.org/  
🕒 9am - 5pm (Weekdays) Closes on Weekends
- 22. Chop Kim Hoa Belacan Factory**  
No. 390, MK. 7, Pulau Betong, 11020 Balik Pulau  
☎ +604-866 8245
- 23. Home Stay Jalan Bharu**  
349, MK D, Jalan Bharu, 11000 Balik Pulau  
☎ +6012-448 8571 / +6016-461 8553
- 24. Pasir Panjang Beach**  
Jalan Pulau Betong, 11000



## GETTING AROUND BALIK PULAU

It's best to travel on foot at the town centre and ride a bicycle around the countryside. If you're going towards the north of Jalan Teluk Bahang, make sure you're on a motorised transport as the road is mountainous.

## Congestion Alleviation Transport (CAT) free bus shuttle service:

- 1 Via Terminal Balik Pulau**  
Jetty to Balik Pulau via LCE (401E)  
Terminal Balik Pulau to Pulau Betong (403)  
Terminal Balik Pulau to Teluk Bahang (501)  
Jetty to Balik Pulau via Paya Terubong (502)  
Return route covers Jalan Pondok Upeh [CT3] and Jalan Balik Pulau and passes through Lintang Pondok Upeh twice
- 2 Via Balik Pulau**  
Jetty to Balik Pulau (401E)  
Jetty to Balik Pulau via Paya Terubong (502)

## TIMELESS ART FROM THE HEART

- A** **Wrinkled Old Silversmith**  
by Ernest Zacharevic  
GPS 5.352653, 100.236330
- B** **Fisherman**  
by Julia Volchkova  
GPS 5.351839, 100.235673
- C** **Hakka Dancing Girl**  
by Julia Volchkova  
GPS 5.349820, 100.234219
- D** **The Silat Master**  
by Julia Volchkova  
GPS 5.349398, 100.233800
- E** **Rubber Tapping**  
by Julia Volchkova  
GPS 5.350992, 100.232978

\* Map is not drawn to scale and is for illustrative purposes only.